

5 INGREDIENT PASTA (Cheesy Bacon Spaghetti recipe)

INGREDIENTS

1 Quest® Spaghetti Pasta
 $\frac{1}{2}$ scoop Quest® Multi-Purpose Protein Powder
2 ounces cheddar cheese
1 strip bacon
 $\frac{1}{4}$ cup plus 2 tablespoons unsweetened almond mil

METHOD

Rinse and prepare Quest Pasta according to instructions on package. Set aside.

In a small saucepan melt cheese in $\frac{1}{4}$ cup of almond milk until thick and creamy.

Dissolve Quest Protein Powders® in remaining almond milk until a thick paste is formed.

Whisk in protein mixture into the saucepan until smooth

Add Quest Pasta® into saucepan and let simmer for 1-2 minutes.

Prepare bacon by cooking on a skillet to desired crispiness

Plate noodles and top with bacon.