

# Baked Sweet Potatoes

This baked sweet potato recipe is very easy, healthy, and tasty and makes a great addition to any meal.

## Ingredients

- 2 tablespoons olive oil
- 3 large sweet potatoes
- 2 pinches dried oregano
- 2 pinches salt
- 2 pinches ground black pepper

## Directions

1. Preheat the oven to 350 degrees F (175 degrees C). Coat the bottom of a glass or nonstick baking dish with olive oil, just enough to coat.
2. Wash and peel sweet potatoes; cut into medium pieces. Place in the baking dish and stir to coat with olive oil. Sprinkle with oregano, salt, and pepper.
3. Bake in the preheated oven until soft and fork-tender, about 1 hour.

SOURCE : allrecipes