

Banana Drink That Will Burn Stomach Fat Immediately

The way I'm consuming bananas every day I think they will start to grow in my stomach.

I'm kidding.

My son says that I'm the real proof for the Darwin's theory of evolution.

You can see that he really loves me.

I'm like a radar for bananas. I notice them everywhere.

I love them in recipes like this.

Weight loss smoothies are not the "real thing" without bananas.

This time, I found a belly fat burning drink.

It is said that if you consume this drink regularly you will be able to see the results within a week.

The banana is that type of fruit that has a high level of potassium.

This means that it builds strong muscles and has the ability to scare away the toxins out of your body.

In combination with other nutritive ingredients, the banana is highly beneficial and efficient.

To Make this Recipe You'll Need the following ingredients:

PLEASE, USE THE NEXT PAGE BUTTON BELOW FOR THE RECIPE AND INGREDIENTS AND DON'T FORGET TO SHARE THIS POST WITH YOUR FRIENDS AND FAMILY ON FACEBOOK.

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- 1 banana
- 1 orange
- $\frac{1}{2}$ cup low-fat or fat-free yoghurt
- 1 tablespoon coconut oil
- $\frac{1}{4}$ tablespoon ginger powder
- 2 tablespoons flax seeds
- 2 tablespoons whey powder

Preparation

- Mix all of these together and put them in a blender. Blend them for a while (1 minute).
- It's very easy and in just a minute you have both a weight loss and a tasteful drink

Source: Food.Com

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