

Best Cauliflower Salad

Ingredients

1 head of cauliflower steamed or boiled until tender in bite size pieces

6 boiled eggs (when done peel eggs, rinse and separate yolks into a bowl. Then mash the yolk and cut the whites into small bite size pieces then blend together.

1/3 cup (appx) miracle whip or mayonnaise (dont use light it has more carbs)

3 tbs of mustard

3 tbs of pickle relish

1/8 cup of chopped onion (uncooked) can use more if you prefer salt/pepper to tast

Directions

mix all together and you can garnish with egg slices and parsley

chill over night (1 cup of cauliflower is only 3 carbs vs 1 cup of potato is 37!!)

Source : allrecipes.com