

# Best Fruit Cake

## Ingredients

3 c. flour  
2 c. sugar  
1 tsp. baking soda  
1 tsp. salt  
2 c. bananas, chopped  
1 c. nuts, chopped  
1 tsp. cinnamon  
1 1/2 c. Crisco oil  
3 eggs  
1 (8 oz.) can crushed pineapple  
(include juice)

## Directions

1-Preheat oven to 350 degrees. Grease and flour 10 inch tube pan or bundt pan.  
2-In bowl, sift flour, sugar, soda, salt and cinnamon. Add remaining ingredients and stir until mixed. Hand mix only.  
3-Bake one hour and 10 minutes. Comes out very moist. Makes a big cake. Very good.