

Betsy's Mandarin Orange Salad Recipe

INGREDIENTS:

1 pkg Vanilla Instant Pudding Mix (use dry) I would use sugar free

1 Large can Crushed Pineapple (undrained)

2 Medium/Large cans Mandarin Oranges (drained)

1 pkg Cool Whip 8 oz (and you could use fat free)

Directions:

Mix together Cool Whip and Instant vanilla pudding (do NOT make the pudding, just use it dry). Add undrained crushed pineapple and both cans of drained Mandarin Oranges. (Use as many mandarins as you like, more/less) Save a few mandarin oranges to decorate the top of salad. Refrigerate until it thickens again maybe a couple of hours before you need to use it. Use as a side dish with a meal or serve with ice cream as a dessert! You can make this healthier by choosing low/no sugar instant pudding mix and cool whip, and fresh mandarins. I particularly like the whipped cool whip for my salad as per the original. Try it a few times to see what suits you best.