

CABBAGE SOUP WITH HAMBURGER

Ingredients:

2-3 pounds of hamburger (can substitute ground turkey)
1 head of cabbage, chopped
2 cup celery, diced
2 cup white or yellow onion, diced
1 green bell pepper, diced
2-3 cloves garlic, minced
5-6 cups beef broth
2 – 14 oz can basil, oregano, garlic diced tomatoes
2 teaspoon oregano
2 teaspoon basil
 $\frac{1}{2}$ teaspoon red pepper flakes
few shakes of black pepper
 $\frac{1}{2}$ teaspoon salt (optional)

Directions:

Brown your hamburger before adding to crock pot.
Put all the ingredients in the crock pot, stir it around
Cook on high between 5-6 hours
or cook on low between – 6-8 hours
Enjoy!

source:tomatohero.com