

# CABBAGE SOUP WITH HAMBURGER

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### **Ingredients:**

2-3 pounds of hamburger (can substitute ground turkey)  
1 head of cabbage, chopped  
2 cup celery, diced  
2 cup white or yellow onion, diced  
1 green bell pepper, diced  
2-3 cloves garlic, minced  
5-6 cups beef broth  
2 – 14 oz can basil, oregano, garlic diced tomatoes  
2 teaspoon oregano  
2 teaspoon basil  
 $\frac{1}{2}$  teaspoon red pepper flakes  
few shakes of black pepper  
 $\frac{1}{2}$  teaspoon salt (optional)

### **Directions:**

Brown your hamburger before adding to crock pot.  
Put all the ingredients in the crock pot, stir it around  
Cook on high between 5-6 hours  
or cook on low between – 6-8 hours  
*Enjoy!*