

# Chop Supreme Recipe

As much as Vanja loves pork, my dad detested it. “Too many years of having to eat salt pork as a child.” was his explanation. The taste reminded him of a very unhappy childhood amid poverty in the dirty 30’s on the Saskatchewan prairies. His family immigrated from Ireland in 1924 and dad was the only child born in Canada in September of 1929. The family sacrificed everything to escape the meager life and extreme strife in Northern Ireland at the time, to farm the black gold on the prairies in the land of plenty. Clearing the land, farming it, and providing for the family of 7 was barely possible, at that time. Then the dirty thirties hit, followed by WWII. Dad was pulled out of school at 13 to work the farm as his eldest brother was conscripted into the army. His dad couldn’t do it alone. My dad was a work-a-holic. Ingenious and a bit of a genius, really. He could build anything. Make anything. Draw anything and fix everything. But, how he detested pork. I didn’t even taste a pork roast until I was in high school. Dad was working away from home for a few days. Mom craved a pork roast and cooked on for my sister and myself. It was like candy. I could not believe how sweet that meat was. But, I never had another until I moved out on my own. At some point in the early 60’s or late 50’s. the Heinz company published this recipe. My mom was the “it” gal in our neighbourhood with the latest and greatest clothes, food, and hair. At all times. She found it. I am surprised she actually prepared this for my dad, but he loved it. I don’t recall the first time, but I recall everyone loving this dish whenever mom served it. Often with scalloped or mashed potatoes and always with a crisp green salad: iceberg lettuce, tomato wedges, onions, cucumber slices and Thousand Island Dressing. (By [acanadianfoodie.com](http://acanadianfoodie.com))

To Make this Recipe You’Il Need the following ingredients:

**PLEASE, USE THE NEXT PAGE BUTTON BELOW FOR THE RECIPE AND INGREDIENTS.**

## **You'll Need:**

4 thinly sliced medium potatoes.  
4 boneless pork chops.  
1 envelope of Lipton onion soup mix.  
1 can cream of mushroom.  
 $\frac{1}{4}$  cup of milk.  
Salt and pepper.

## **How to:**

In a saucepan, heat  $\frac{1}{4}$  cup of oil and brown the pork chops then drain off fat.

In a medium casserole dish, arrange the potato slices evenly then add a layer of pork chops.

In a bowl, mix together the onion soup mix, the cream of mushroom and milk and pour over the casserole to cover.

In a preheated oven to 350° bake for 1 hour.  
Enjoy.

Easy, peasy and delicious! The creamy mixture adds a nice flavor the chops and potatoes. Give it a shot, you will like it.

Source: Food.Com

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