

# CHRISTMAS TEA

## Ingredients

- $\frac{1}{4}$  tsp. cinnamon
- $\frac{1}{4}$  tsp. ground cloves
- 1  $\frac{1}{2}$  cup sugar
- 3 quarts boiling water
- $\frac{1}{2}$  cup lemon juice freshly squeezed
- 1 cup orange juice
- 1 cup pineapple juice
- 3 tea bags

## Instructions

- Combine water, cinnamon, cloves, and sugar in a large pot. Boil for 5-6 minutes, stirring occasionally to dissolve the sugar.
- Turn off heat and add tea bags. Cover pot and let simmer for 10 minutes.
- Remove tea bags and add lemon juice, orange juice, and pineapple juice. Stir to combine.
- Serve hot.

## Notes

Yields one gallon

## Nutrition

Serving: 1serving | Calories: 89kcal | Carbohydrates: 23g | Protein: 1g | Fat: 1g | Saturated Fat: 1g | Polyunsaturated Fat: 1g | Monounsaturated Fat: 1g | Sodium: 1mg | Potassium: 60