

# Classic Monte Cristo Sandwich

## Ingredients

- 2 large eggs
- 1/2 cup milk
- 8 slices sturdy white sandwich bread
- 4 slices turkey breast
- 4 slices Swiss cheese
- 4 slices Black Forest or other ham
- 1 tablespoon unsalted butter
- Confectioners' sugar (optional)
- 1/4 cup raspberry or strawberry jam (optional)

## NUTRITION INFORMATION

- calories 414
- fat 18 g
- satfat 9 g
- protein 26 g
- carbohydrate 36 g
- fiber 1 g
- cholesterol 169 mg
- sodium 989 mg

## How to Make It

1. In a wide, shallow bowl, beat eggs and milk to combine. Lay a slice of bread on a work surface and top with 1 slice turkey, 1 slice cheese, 1 slice ham and a second slice of bread. Repeat to assemble remaining sandwiches.