

Creamy Roasted Red Pepper Dip

Ingredients:

15 oz roasted red pepper, packed in water, drained well and pat dry with paper towels (about 2 cups)
1 cup reduced-fat sour cream
1½ cup fresh basil leaves
1½ tsp garlic powder
1½ tsp salt, or to taste
1¼ tsp black pepper, freshly ground, or to taste
1 drop hot pepper sauce, optional
2 tsp parsley or fresh cilantro, finely chopped

Directions:

Prep 10 min

Cook 0 min

Ready 10 min

Combine roasted red peppers, sour cream, basil, and garlic powder in a blender or food processor and puree to desired consistency. Season to taste with salt, black pepper, and hot pepper sauce (if using). Garnish with parsley or cilantro.