

CROCK POT BUFFALO RANCH PULLED CHICKEN

Ingredients

Used it in burritos, over rice, over noodles...the options are endless.

5 Frozen ***B/S***Chicken Breasts

1/2 Tbsp Dried Parsley

1 tsp Garlic Powder

1 Tbsp Onion Powder

1/2 tsp Dried Thyme

1/4 tsp Salt

1 packs dry ranch dressing

1 C Frank's Red Hot Sauce

Directions

Place frozen chicken breasts into the slow cooker.

Mix together all remaining ingredients in a bowl.

Pour sauce over frozen chicken breasts and turn to low.

Cook for about 5 hours.

Using two forks or tongs, shred chicken.

source;tomatohero.com