

# Crockpot Beef Tips & Gravy

## Ingredients

1 1/2 lbs cubed beef (stew meat)  
1 packet Dry Onion Soup Mix  
1 can Cream of Mushroom Soup (although Cream of anything will work)  
1 14 oz. can beef broth or stock  
1 can Mushrooms, drained  
Salt & Pepper

## Instructions

Add beef cubes to Crockpot, season with salt & pepper.  
In bowl combine soup mix, soup, broth, and mushrooms. Stir to combine.  
Dump mixed ingredients over top of beef, stir.  
Cook on low 6-8 hours.  
Serve over egg noodles or rice.

## Nutrition information

Calories per serving: 225 Fat per serving: 8g Saturated fat per serving: 2g Carbs per serving: 13g Protein per serving: 25g Fiber per serving: 1g Sugar per serving: 2g Sodium per serving: 745mg Cholesterol per serving: 84mg