

# Crockpot Ham, Green Beans & Potatoes

## INGREDIENTS

2 pounds fresh  
green beans

2 pounds ham

4 baking potatoes

1 large onion,  
optional

3 cups water

Salt & pepper,  
to taste

Dice the ham,  
green beans, onion and potatoes.

Add ingredients  
into your Crock Pot with 3 cups of water and season with salt  
& pepper  
(according to taste). You can also use Steak Spice in yours.

Cook for 6 hours  
on Low.

Tip: To get a  
crispier dish, we'd suggest sautéing everything in a saute  
pan once it's done  
cooking in the crockpot.