

Crockpot Potato Broccoli-Cheddar Soup

Crockpot Potato Broccoli-Cheddar Soup this soup is free of fats for those who follow a lunch diet . Your meal can only be this soup. It is sufficient . It will give your body enough energy to exercise .

*** Ingredients :**

- ☞ 1 box of chicken broth
- ☞ 1/4 stick butter
- ☞ 1 block Velveeta cheese
- ☞ 1 small spoon flour
- ☞ Salt and pepper
- ☞ 31 oz frozen broccoli
- ☞ 2 Idaho potatoes cut up
- ☞ 1 box of cream chicken
- ☞ 1 box of cream mushroom
- ☞ 1 small sliced onion
- ☞ 2 cloves garlic minced

*** Preparation :**

husk potatoes, chop garlic, slice onion , and throw it all in crock along with all ingredients . Velveeta breaks up best of cut in little blocks. Cook on high about 5 hours .