

Crunchy Chicken Salad

INGREDIENTS:

2 (3-oz) packages chicken-flavor ramen noodles

3/4 cup vegetable oil

1/3 cup white vinegar

1/4 cup sugar

1 (12-oz) package broccoli slaw

1 Red Delicious apple, cored and diced

1 cup sunflower kernels

1 cup sweetened dried cranberries

1 bunch green onions, chopped

1 red bell pepper, chopped

1 cup slivered almonds

1 rotisserie chicken, boned and chopped

INSTRUCTIONS:

Whisk together the contents of the ramen seasoning packets, oil, vinegar and sugar. Set aside.

In a large bowl, combine the broccoli slaw, apple, sunflower

kernels, dried cranberries, green onions, bell pepper, almonds and chicken. Add the dressing, toss to coat.

Crush the uncooked ramen noodles and add to salad just before serving. Toss to coat.