

Delectious Baked Garlic Parmesan Fries (Yummy)

These garlic parmesan fries sound absolutely delightful! Here's a refined version of the recipe with a touch of advertising flair:

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****Indulge in Delectable Baked Garlic Parmesan Fries!****

****Ingredients:****

- 1 tablespoon finely minced garlic
- 2 tablespoons olive oil
- 2 large russet baking potatoes (12 ounces each or 1½ pounds total)
- Salt and pepper, to taste
- 2 tablespoons grated Parmesan cheese
- ½ teaspoon garlic powder, or to taste

****Instructions:****

1. ****Preheat**** your oven to a toasty 450 degrees Fahrenheit. Line a baking sheet with foil and generously coat it with cooking spray, ensuring your fries won't stick.
2. ****Prepare**** your potatoes by cutting them lengthwise into halves and then quarters. Slice each piece into thin strips, about ¼ to ½ inch thick. Spread these golden gems on the prepared baking sheet and toss them with olive oil and minced garlic, ensuring every fry is kissed by flavor. Season with a dash of salt and a sprinkle of pepper for that perfect savory touch.
3. ****Bake**** your potato masterpieces in the center of the oven until they're tender-crisp and boast a glorious golden hue, typically around 20-25 minutes per side. Keep an eye on them,

as baking times may vary based on your oven and the thickness of your fries. Pro tip: Set a timer for 20 minutes and check for that irresistible crispness.

4. **Elevate** your fries to gourmet status by sprinkling them with grated Parmesan cheese and a hint of garlic powder immediately upon removing them from the oven. For an extra flavor boost, add another pinch of salt and pepper to taste.

Savor Each Bite:

With only 172 calories per serving, these delectable fries offer a guilt-free indulgence. Each bite is a symphony of flavors, from the robust garlic to the savory Parmesan cheese, making them an irresistible treat for any occasion.

Nutrition Facts (Per Serving):

- Calories: 172
- Fat: 6g
- Saturated Fat: 1g
- Cholesterol: 2mg
- Protein: 4g
- Carbohydrates: 26g
- Fiber: 3g
- Sodium: 166mg
- Sugar: 2g

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Ready to elevate your snacking experience with these irresistible garlic parmesan fries? Enjoy the crispy, savory goodness with every bite!