Easy Canned Biscuit Donuts

Mmmmmmm, tasty, easy, cheap and fast to make Interpreted in this favorite morning treat a shot and I promise you won't spend money on stores doughnuts anymore !! Best of all, you can make them for birthdays or summer parties !! Defenitely a keeper !!

TO MAKE THIS RECIPE YOU'LL NEED THE FOLLOWING INGREDIENTS:

- ° Flour: 500 g
- ° Egg: 1
- $^{\circ}$ Sugar : $\frac{1}{2}$ glass measures 210 ml
- ° Oil: ¼ glass
- ° Dry baker's yeast: 1 level tbsp
- ° Lemon zest
- ° Lukewarm water: 200 ml

METHOD OF WORK:

- 1. Before you begin, dilute the yeast in a little lukewarm water with a little sugar. For this part, leave to foam around quarter an hour.
- 2. Then you're going to get a bowl and combine in together the flour, sugar, egg, oil and lemon zest.
- 3. You'll want to add, gradually, the yeast to the mixture and the lukewarm water to obtain a smooth paste.
- 4. And please cover and permit dough rest for about 60 minutes.
- 5. Make sure to degas the dough, flour the work surface and roll out the dough to a thickness of 1.5 cm.

- 6. Using a glass, cut circles (I always use a shortbread cookie cutter).
- 7. At this time, the donuts should be placed on a lightly floured tea towel, covered and let stand 45 min.
- 8. After that, heat the oil and fry them on both sides.
- 9. The last step is to drain them in a colander and coat them with still hot sugar.
- 10. I prefer to serve hot or warm with a good mint tea!