

In Just 2 Steps, You Will Have The BEST Cabbage Salad The World Has Ever Known

*Made with fresh cabbage, cucumbers, ham, corn, and scallions, this tasty and crunchy **Cabbage and Ham Salad** is packed with vitamins and makes a quick lunch or side dish.*

What I like about this Cabbage and Ham Salad is that it is made with just a few ingredients and it tastes great. I use a simple mayonnaise-lemon dressing in this recipe, which adds an extra touch of creamy texture, but doesn't overpower the flavors of the main ingredients.

This salad would make a wonderful addition to your winter diet, adding a lot of vitamins that we all lack during the cold season.

CABBAGE HEALTH BENEFITS

Cabbage is one of the healthiest vegetables you can find. Close to 500 studies have been conducted that show cabbage has powerful properties that can prevent and fight cancer. Cabbage is also beneficial to our digestive system and cardiovascular health. Read more here: ***The health benefits of cabbage***

So, try this Cabbage and Ham Salad and you won't be disappointed.

WHAT TO SERVE CABBAGE AND HAM SALAD WITH

Enjoy it on the side with mashed potatoes, rice, or quinoa; or simply eat it out of the bowl with a big fork. ☐

Make sure to tag #cooktoria if you share your salad photos on Instagram. I am always happy to see your creations. Bon

appetit!

For Ingredients And Complete Cooking Instructions Please Head On Over To Next Page Or Open button (>) and don't forget to SHARE with your Facebook friends

Ingredients

14 ounce bag Fresh Express coleslaw mix

1 cup Hellman's mayonnaise

2 tablespoons Borden's heavy cream

1 teaspoon French's yellow mustard

1 teaspoon McCormick garlic salt

1 teaspoon McCormick black pepper

Directions

Add all of the ingredients to the bowl of a food processor and process in short bursts until finely ground.

Chill for 1 hour before serving.