

Indian fry bread recipe

Indian fry bread recipe this easy and delicious bread you can make at home is healthy and nutritious

* **Ingredients :**

3 tsp powdered milk
2 cups warm water
1 cup shortening
5 cups flour
1 tsp baking powder
1 tsp salt

* **Preparation :**

1 – Put flour in pot , add salt baking powder, and powdered milk . whisk in warm water to form dough . Cover hands in flour

2 – Knead the dough by hand until soft ; Cover with a rag and let stand for 17 minutes .

3 – Shape dough into balls . Melt shortening about an inch deep in frying pan , hot put dough in pan. Fry one side till golden brown, then turn and fry the other.

4 – You can dip it in honey . Enjoy!