

# Low Carb Cheesy Stuffed

If you are trying to impress your guests or your family, there's nothing better than a great side dish! This low carb cheesy stuffed is so delicious and it looks amazing. Check it out!

## You'll Need:

6-8 green, orange, or yellow bell peppers.

1-2 pounds of ground beef.

1 medium chopped white onion.

1 large can of diced tomatoes.

2 minced garlic wedges.

1 cup of cheddar cheese.

Salt and pepper.

## How to:

First, prepare the peppers; cut the tops off and remove the seeds and white stuff. Simmer the peppers in boiling water for 5 minutes.

In a large skillet, heat the olive oil over medium heat. Add in onions, garlic and diced tomatoes and fry for 3 minutes. Add in the ground beef and cook through.

Stuff the peppers with the mixture and arrange them in a baking tray.

In a preheated oven to 350 degrees, bake for 12 to 15 minutes, take the baking tray out, top with cheddar cheese and bake for an additional 5 minutes.

Easy, peasy and delicious! You won't believe how good this tastes until you give it a try! I'm sure you will love it.