

# MELT IN YOUR MOUTH CHICKEN

## Ingredients

4 boneless, skinless chicken breasts

1 cup mayonnaise (for a healthier option, use plain Greek yogurt in place of the mayo)

1/2 cup Parmesan cheese

1 tsp seasoning salt

1/2 tsp black pepper

1 tsp garlic powder

## Directions:

In a bowl, combine the mayonnaise (or yogurt if substituting), cheese, and the seasonings.

Spread the mixture on top of each of the chicken breasts.

Place chicken into a baking dish and bake in a preheated oven, 375, for about 45 minutes, or until cooked through.

Serve warm!