

Melt In Your Mouth Chicken

Ingredients

4 boneless chicken breast halves
1 cup mayonnaise (can sub greek yogurt)
1/2 cup freshly grated parmesan cheese
1 1/2 teaspoons seasoning salt
1/2 teaspoon ground black pepper
1 teaspoon garlic powder

Directions

Mix mayonnaise, cheese and seasonings.
Spread mixture over chicken breast and place in baking dish.
Bake at 375°F for 45 minutes.
courtesy of Food.com

Great, satisfying dish for my low carbers!

source:tomatohero.com