

# MEXICAN STUFFED SHELLS

## Ingredients

- 1 lb ground beef
- 1 (1 1/4 ounce) package taco seasoning (can use low-sodium)
- 1 (4 ounce) package cream cheese
- 14 -16 large pasta shells
- 1 cup salsa
- 1 cup taco sauce (NOT enchilada sauce)
- 1 cup cheddar cheese, shredded
- 1 cup monterey jack cheese, shredded
- 1 1/2 cups tortilla chips, crushed (optional)
- 3 green onions, chopped
- 1 cup sour cream

## Directions:

- 1 Preheat oven to 350°.
- 2 In a frying pan cook ground beef; add taco seasoning and prepare according to package directions. Add cream cheese, cover and simmer until cheese is melted. Blend well. Set aside and cool completely.
- 3 While the ground beef is cooking, cook the pasta shells according to directions; drain. Set shells out individually on baking sheet so that they don't stick together.
- 4 Pour salsa on bottom of a 9×13 inch baking dish. Stuff each shell with the meat mixture placing shells in dish open side up. Cover shells with taco sauce. Cover with foil and bake for 30 minutes.
- 5 After 30 minutes, add shredded cheese and bake for 10-15 more minutes, with the foil removed. Top with green onions and serve with sour cream and/or more salsa.

source:easyrecipesly.com