

Mom's Swedish Meatballs Recipe

Ingredients :

MEATBALL

- 3 lb ground beef
- 1 white onion, diced
- 2 eggs, lightly beaten
- 1 c seasoned dry bread crumbs
- 1/2 c fresh chopped flat-leaf parsley
- 2 tsp coarse ground salt
- 1 tsp coarse ground pepper

GRAVY

- 4 Tbsp all-purpose flour
- 2 10.5-OZ can(s) beef consomme
- 1 Tbsp Worcestershire sauce
- 2 c milk
- 1 tsp coarse ground salt
- 1 tsp coarse ground pepper

SERVING/PLATING

- 12 oz medium egg noodles, cooked according to directions
- 1/4 c butter
- 3 Tbsp fresh chopped flat-leaf parsley