

# MY GRANDMA'S SLOPPY JOE

## Ingredients

1 pound lean ground beef  
1/4 cup chopped onion  
1/4 cup chopped green bell pepper  
1/2 teaspoon garlic powder  
1 teaspoon prepared yellow mustard  
3/4 cup ketchup  
3 teaspoons brown sugar  
salt to taste  
ground black pepper to taste

## Directions

1. In a medium skillet over medium heat, brown the ground beef, onion and green pepper; drain off liquids.
2. Stir in the garlic powder, mustard, ketchup, and brown sugar; mix thoroughly. Reduce heat, and simmer for 30 minutes. Season with salt and pepper.

ENJOY

Source : [allrecipes.com](http://allrecipes.com)