

Parmesan Baked Pork Chops

Ingredients

4 boneless pork chops, 1/2" thick

1 Tbsp olive oil

1 c parmesan cheese

1 c Italian bread crumbs

1 tsp black pepper

1 tsp garlic powder

Directions

On a plate combine the last 4 ingredients. Rub the pork chops with olive oil and then dip (coat) each one in the cheese mixture. Press the mixture over the pork chops to make sure they are well covered in it. Line a pan with tin foil and spray with cooking spray. Place the pork chops on the pan and bake at 350 degrees for 40-45 minutes