Poor Man Husband Casserole

Poor Man Husband Casserole is an "everything but the kitchen sink" type recipe.

This easy and cheap casserole recipe is super tasty and will keep your wallet happy.

When you're looking for budget friendly meals, it doesn't get better than this.

Ground beef, cream cheese, sour cream, noodles, and cheese and tomato sauce make up this simple dinner casserole recipe. You can modify the ingredients based on what you already have at home, or make it as is. Either way, you'll have a super convenient and tasty casserole recipe that everyone will love.

PLEASE, USE THE NEXT PAGE BUTTON BELOW FOR THE RECIPE AND INGREDIENTS.

Ingredients

1 pound ground beef

garlic to taste

- 1 teaspoon salt
- 1 teaspoon sugar
- 2 cans (8-ounces) tomato sauce
- 8 ounces egg noodles
- 8 ounces sour cream

- 8 ounces cream cheese
- 1 1/2 cup Cheddar cheese, shredded

Instructions

1- Preheat oven to 350 degrees F.