

# roast beef in oven with spices Recipe

## Ingredients

1/2 kilo beef cut to cubes  
6 onions small sizes cut to quarters  
<<for spices >>>  
1 teaspoon cinnamon  
1 teaspoon seasoning  
2 tablespoons olive oil  
1 tablespoon vinegar

## Method

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mix all spices in a bowl  
then add to it spices and leave it for 4 hours  
and in oven dish put onion and put on it the beef cubes  
you can add to it the Parmesan cheese to get the same result  
in the picture  
and present it hot with American bread.  
source : [restaurantbosses.com](http://restaurantbosses.com)