Sour Cream Noodle Bake

You'll Need:

 $1\frac{1}{4}$ lbs of lean ground beef.1 (15 oz) can of tomato sauce.Salt and pepper.8 oz of egg noodles. $\frac{1}{2}$ cup of sour cream.1 $\frac{1}{4}$ cups of cottage cheese. $\frac{1}{2}$ cup of sliced green onion.1 cup of grated sharp cheddar.

How to:

In a skillet, brown the ground beef then add in tomato sauce, salt and pepper. Let simmer

Cook the egg noodles according to the package instructions and set aside drained.

In a bowl, mix together the sour cream and cottage cheese. Add some freshly ground pepper then add in noodles and combine all together. Stir in green onions.

In a casserole dish, arrange half the noodles mixture, top with half the meat and half the grated cheese. Repeat the layers.

In a preheated oven to 350°, bake for 20 minutes.