

Sour Cream Noodle Bake

You'll Need:

1 $\frac{1}{4}$ lbs of lean ground beef.
1 (15 oz) can of tomato sauce.
Salt and pepper.
8 oz of egg noodles.
 $\frac{1}{2}$ cup of sour cream.
1 $\frac{1}{4}$ cups of cottage cheese.
 $\frac{1}{2}$ cup of sliced green onion.
1 cup of grated sharp cheddar.

How to:

In a skillet, brown the ground beef then add in tomato sauce, salt and pepper. Let simmer.

Cook the egg noodles according to the package instructions and set aside drained.

In a bowl, mix together the sour cream and cottage cheese. Add some freshly ground pepper then add in noodles and combine all together. Stir in green onions.

In a casserole dish, arrange half the noodles mixture, top with half the meat and half the grated cheese. Repeat the layers.

In a preheated oven to 350°, bake for 20 minutes.

Easy, peasy and cheesy! These noodles are awesome, it takes no time to prepare, it quick to cook and the result is amazing! You should definitely give this a try, you won't regret it.