Sour Cream Sugar Cookies

INGREDIENTS

- 3 cups all-purpose flour
- 1 cup butter, softened
- 1 cup sugar
- 1/2 cup sour cream
- 2 eggs
- 1 teaspoon vanilla extract
- 1 teaspoon baking powder
- 1/2 teaspoon baking soda
- 1/2 teaspoon salt
- 1/4 teaspoon nutmeg (optional

PREPARATION

Preheat oven to 375°F and lightly grease or line a baking sheet with parchment paper. Set aside.

In a large bowl, beat butter and sugar together with an electric mixer until well combined. Mix in eggs and vanilla until thoroughly incorporated.

In a separate bowl, whisk together flour, baking powder, baking soda, salt, and nutmeg (if using). Add dry ingredients to the sugar/butter mixture, alternating with the sour cream, mixing well after each addition.

Flatten dough into a disc, cover in plastic wrap, and chill for about one hour. (You can skip this step if needed, but it helps make the cookies fluffier.)

Roll dough out on a lightly floured surface and cut into desired shapes. Place onto prepared baking sheet and cook until lightly golden, about 7 minutes for soft cookies, 10 minutes for crispier cookies.

Let cookies cool on a wire rack and decorate with you favorite frosting. Enjoy!

Adapted from My Homemade Heaven.