

# Summer Garden Detox Salad

## Ingredients

4 cucumbers, chopped  
2 lbs cherry tomatoes, chopped  
2 cloves garlic, minced  
1 yellow bell pepper, chopped  
10 oz radishes, sliced thin  
1 red onion, diced very small  
2 romaine lettuce hearts, chopped coarse  
1/3 cup apple cider vinegar  
1/4 cup extra virgin olive oil  
1/2 cup chopped fresh parsley

## Direction

sea salt & pepper to taste {Whisk vinegar, oil, garlic, salt, pepper, and parsley. Very gently toss all chopped vegetables in a bowl with vinegar mixture. Let sit 10 minutes, and serve}

source : [Allrecipes.com](http://Allrecipes.com)