

Summer Garden Detox Salad

Ingredients

4 cucumbers, chopped
2 lbs cherry tomatoes, chopped
2 cloves garlic, minced
1 yellow bell pepper, chopped
10 oz radishes, sliced thin
1 red onion, diced very small
2 romaine lettuce hearts, chopped coarse
1/3 cup apple cider vinegar
1/4 cup extra virgin olive oil
1/2 cup chopped fresh parsley

Direction

sea salt & pepper to taste {Whisk vinegar, oil, garlic, salt, pepper, and parsley. Very gently toss all chopped vegetables in a bowl with vinegar mixture. Let sit 10 minutes, and serve}

source : Allrecipes.com