

Turmeric And Honey; The Most Powerful Homemade Antibiotic You'll Ever Come Across In Your Lifetime!

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In fact, natural antibiotics such as turmeric and honey are extremely valuable and improve health in different ways.

HONEY IS A POWERFUL ANTIBIOTIC :

Unlike conventional antibiotics, many scientists claimed that honey has the power to combat infections without causing resistant bacteria. In the same context, it's been proved in a study published in the European Journal of Clinical Microbiology and Infectious Diseases that honey contains properties which destroy every bacteria or pathogen they tested it on, as well as it can be applied directly to human to treat infections like cuts and insect bites. It can be also taken internally to treat health problems.

Similarly, according to Dr. Dee Carter, in many cases, honey-based products could replace antibiotic creams on wounds and equipment such as catheters the fact that it has properties which help it to treat infections, including cuts and wounds.

Not to mention, honey can also be used as an intermediate treatment, which could also prolong the life of antibiotics.

This might get your attention, honey is a precious natural remedy for a myriad of ailments and diseases including indigestion, cold, flu, asthma, hypertension, high blood pressure, high blood sugar, arthritis, diabetes, heart diseases, depression and anxiety, inflammation of wounds and burns, eczema, psoriasis and acne, and aging (protects the

liver and kidneys).

For Complete Cooking Instructions Please Head On Over To Next Page Or Open button (>) and don't forget to SHARE with your Facebook friends

TURMERIC IS A POWERFUL ANTIBIOTIC :

Turmeric is another natural magical antibiotic with a ton of health benefits. It has an interesting compound in it, called curcuminoids.

Moreover, it is also a very strong anti-oxidant the fact that it improves skin hydration and elasticity and contribute to a better skin health.

More importantly, it contains miraculous healing antioxidant, anti-inflammatory, antiseptic, antibacterial and anti-fungal properties. which help it to treat wounds and allergies in one go!

Likewise, turmeric combination could result in improved immunity against diseases since it aids stimulate the production and functionality of immune cells.

Follow these set of instructions to prepare the powerful natural remedy: Turmeric Infused Honey

The combination of these two ingredients is the most powerful antibiotic you should give it a try. As a matter of fact, honey, along with turmeric can together kill a variety of bacterial and fungal strains known to cause infections in humans. They are also fantastically useful in treating oral mucositis which occurs as a complication of cancer treatments.

INGREDIENTS :

- 1 teaspoon ground turmeric(of therapeutic quality)
- $\frac{1}{4}$ cup raw honey

-2 drops lemon essential oil (optional)

INSTRUCTIONS :

Combine all ingredients together, stir well, and cover. Remember to keep the mixture at room temperature, and stir it before each use. One more thing, take half a teaspoon of the mixture, many times daily, to fight the flu or cold.

Source: www.healthyfoodhouse.com and www.anyavien.com