

roast beef in oven with spices Recipe

Ingredients

1/2 kilo beef cut to cubes
6 onions small sizes cut to quarters
<<for spices >>>
1 teaspoon cinnamon
1 teaspoon seasoning
2 tablespoons olive oil
1 tablespoon vinegar

Method

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mix all spices in a bowl
then add to it spices and leave it for 4 hours
and in oven dish put onion and put on it the beef cubes
you can add to it the Parmesan cheese to get the same result
in the picture
and present it hot with American bread.
source : restaurantbosses.com